

## AMERICAN RED CROSS TRAINING

### Adult CPR with AED Class

Don't delay if someone you know has a heart attack. Learn to help someone who is choking, unconscious, or has no pulse. This course is taught using the American Red Cross Adult CPR standards. Wear comfortable clothing. Refund requests must be made one week prior to class.

**OASIS** ..... #20590  
Wed., Apr 21-Apr 28, 5:45PM- 8:45PM  
\$55 Residents/\$82.50 Non-Residents

### Child and Infant CPR Class

Learn to help a child or infant who is choking, unconscious, or has no pulse. This class uses the American Red Cross standards to teach you how to assist a child or infant in distress. Sign up today, so you know how to help a child tomorrow. Wear comfortable clothing. Refund requests must be made one week prior to class.

**OASIS** ..... #20768  
Wed., May 19-May 26, 5:45PM- 8:45PM  
\$55 Residents/\$82.50 Non-Residents

## ARTS & CRAFTS

### Basic Jewelry Making

Make beautiful jewelry by starting easy with a pair of earrings, progress to a bracelet and then a necklace. Class is for beginners or crafters with little beading experience. Instructor will provide coaching on crimping, use of soft wires, clasps, jump rings, split rings, multi-strand bracelets and necklaces, making wrapped loops, use of tools, and making your project fit well. First class material fee of \$5.00 (cash only) payable to instructor at the first class. Students will be provided a list of supplies/materials to purchase for weeks 2-6.

**Marshall** ..... #20685  
Sat., Apr 17-Jun 5, 10:00AM-11:30AM  
\$29.50 Residents/\$44.25 Non-Residents

**Morgandale School** ..... #20686  
Thu., Apr 22-Jun 3, 6:00PM- 7:30PM  
\$29.50 Residents/\$44.25 Non-Residents

### Craft Sampler

Sample different crafts before you invest. We will do a glass painting craft, decoupage, candle making and more. Fee includes supplies. Fee is non-refundable.

**Marshall** ..... #21604  
Sat., Apr 17-May 15, 9:30AM-11:00AM  
\$34 Residents/\$45 Non-Residents

**Milw. Sch. of Lang.** ..... #21605  
Mon., Apr 19-May 17, 6:30PM- 8:00PM  
\$34 Residents/\$45 Non-Residents

### Crocheting / Knitting

Develop the techniques needed to make beautiful projects. Gather new ideas and visit with fellow crafters. Materials to be purchased at first class. Approximate cost of materials \$10 - \$20 (cash only).

**Hamilton (Knitting Only)** ..... #20799  
Tue., Apr 20-Jun 1, 6:30PM- 8:30PM  
\$38 Residents/\$57 Non-Residents

**Hamilton (Crocheting Only)...** #20800  
Thu., Apr 22-Jun 3, 6:30PM- 8:30PM  
\$38 Residents/\$57 Non-Residents

**Milw. Sch. of Lang., Beg./Int.** #20801  
Mon., Apr 19-Jun 7, 6:30PM- 8:30PM  
\$38 Residents/\$57 Non-Residents

**North Div. (Crocheting Only)** . #20802  
Sat., Apr 17-Jun 5, 12:00PM- 2:00PM  
\$38 Residents/\$57 Non-Residents

### Drawing Buildings Made Easy

**NEW** Join Marilyn and learn to draw realistic buildings and landscape techniques. Class fee includes supplies. Fee is non-refundable.

**Milw. Sch. of Lang.** ..... #21606  
Thu., Apr 29-May 27, 6:30PM- 8:00PM  
\$34 Residents/\$45 Non-Residents



### Felting Potpourri

This class is for the beginning wet felter who missed earlier classes on how to make felt beads, a small bag, or felted flowers. This class is also for the felters who want to make more flowers, beads, flat forms, or experiment with their own small scale ideas. Please bring a small towel, sponge, plastic bag if you are new. Experienced felters bring towel, sponge, bubble wrap, sushi mat, plastic bag, squirt bottle. Wool, embellishments, soap, other materials provided. Bring \$6 to the first class to cover the cost of supplies.

**Brinton** ..... #21565  
Wed., Apr 21-Apr 28, 6:00PM- 8:30PM  
\$15.50 Residents/\$23.25 Non-Residents

**Hamilton** ..... #21566  
Mon., Apr 26-May 3, 6:00PM- 8:30PM  
\$15.50 Residents/\$23.25 Non-Residents

### Flower Arranging Techniques, Instructions & Ideas

Learn a variety of different styles and techniques of floral design that will be challenging, fun, and useful in your home decorating and entertaining projects. We will be creating a new design each week. You will be asked to bring in various materials to personalize your designs even more. Bring home at least one completed arrangement per week. Bring a sharp non-serrated knife, pruning shears, scissors, and apron. Materials fee of \$10.00 (cash only) is payable to the instructor on the first day of class. After the first day of class, students are responsible for purchasing supplies.

**Riverside** ..... #20854  
Wed., Apr 21-Jun 9, 6:00PM- 8:00PM  
\$43 Residents/\$64.50 Non-Residents

### Flowers For All Occasions

Learn different styles of floral arranging using silk and artificial flowers. Create flowers for your wedding, a special event, holidays, or design beautiful decorations for your home! Fee is per person and does not include the cost of materials. Supplies are based on personal preference as discussed with the instructor.

**Milw. Sch. of Lang.** ..... #21473  
Thu., Apr 22-Jun 3, 7:00PM- 8:30PM  
\$29.50 Residents/\$44.25 Non-Residents

## Introduction to Fine Arts

In this class students will learn the basic skills and techniques of fine arts, including sketching/drawing, painting and model building using several different mediums. This class will take you outside the classroom to identify everyday objects for your projects. These everyday objects will be transformed through your drawings/sketches, paintings, and model buildings. You will discover how to see different structures, space, and nature in a different form through your finished pieces. A supply list (\$10) will be handed out on the first week.

**Hamilton** ..... #21662  
Tue., May 4-May 25, 6:30PM- 8:00PM  
\$18 Residents/\$27 Non-Residents

**Riverside** ..... #21704  
Thu., May 20-Jun 10, 6:30PM- 8:00PM  
\$18 Residents/\$27 Non-Residents

## Matting and Framing 202

For those of you who have taken our Picture Matting classes and all others who know the basics and want to go to the next level, this is what you've been waiting for! The first three weeks will be a refresher of your picture matting and mounting skills. The remaining weeks will be actual workshops. Bring your mats, frames, pictures and cutters and walk out of each class with a framed piece ready for display!

**Hamilton** ..... #21090  
Thu., Apr 22-Jun 3, 6:30PM- 9:00PM  
\$47 Residents/\$70.50 Non-Residents

## Quilting

Learn the art of quilt making from national Quilt Maker and author Ella Brooks. The class will teach folding corners, cutting and measuring, fabric selection and thread cutting.

**Washington** ..... #21170  
Mon., Apr 19-Jun 7, 6:00PM- 8:00PM  
\$38 Residents/\$57 Non-Residents

**Washington** ..... #21171  
Wed., Apr 21-May 26, 6:00PM- 8:00PM  
\$33 Residents/\$49.50 Non-Residents

**Washington** ..... #21172  
Sat., Apr 17-Jun 5, 11:30AM- 1:30PM  
\$38 Residents/\$57 Non-Residents

## Rubber Stamping

Explore one of the most popular crafts today. For beginners or intermediates. Try a different technique for using rubber stamps, inks, pencils, markers, chalk and embossing materials. Work on masking, background, pop-up folds and decorative uses. A \$5.00 (cash only) supply fee will be due to the instructor at each class.

**Milw. Sch. of Lang.** ..... #21188  
Wed., Apr 21-Jun 2, 6:30PM- 7:30PM  
\$20.50 Residents/\$30.75 Non-Residents

## Sew and Sews

All levels. Learn basic sewing techniques and design. Create items such as slacks, blouses, and totes. Before long you will be bob, bob, bobbin' along. Supplies are not included. Please call Hamilton Community Center in advance to obtain supply list.

**Hamilton** ..... #21206  
Mon., Apr 19-May 24, 6:30PM- 8:30PM  
\$33 Residents/\$49.50 Non-Residents

**Hamilton** ..... #21207  
Tue., Apr 20-Jun 1, 6:30PM- 8:30PM  
\$38 Residents/\$57 Non-Residents

## Sewing For Beginners

Gain an understanding of sewing. Gather sewing ideas from others to custom design your patterns. Sewing machines are provided. Fee does not include the cost of materials. This is a semi-private class.

**Washington** ..... #21208  
Tue., Apr 27-Jun 1, 6:00PM- 8:00PM  
\$74 Residents/\$111 Non-Residents

**Washington** ..... #21209  
Thu., Apr 29-Jun 3, 6:00PM- 8:00PM  
\$74 Residents/\$111 Non-Residents

## Stained Glass

Let the artist in you shine. Learn basic stained glass techniques: glass cutting, caning (lead and foil), and soldering. Make your own artwork. Glass cutter and soldering iron required. Fee does not include the cost of materials. Supply list will be provided at the first class. NOTE: First class only will be from 6-7:00 PM. All other classes will be 3 hours.

**Marshall** ..... #21259  
Wed., Apr 21-May 26, 6:00PM- 9:00PM  
\$43 Residents/\$64.50 Non-Residents

**Milw. Sch. of Lang.** ..... #21260  
Thu., Apr 22-May 27, 6:00PM- 9:00PM  
\$43 Residents/\$64.50 Non-Residents

## Watercolor Painting - Advanced

Do you admire the transparent beauty of watercolor paintings? Would you like to learn the methods applied in creating these images? Structured for the experienced watercolor artist wishing to pursue advanced methods and further develop their personal creative style. Instructor offers enthusiastic personal guidance in traditional and contemporary methods. Bring your own supplies of paint, paper, palette and brushes. Select personal photo reference(s) and create simple line drawing prior to first session.

**Brinton (Advanced)**..... #21410  
Thu., Mar 18-Apr 1, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

**Brinton (Advanced)**..... #21411  
Thu., May 13-May 27, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

**Brinton (Advanced)**..... #21567  
Thu., Apr 15-Apr 29, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

## COMPUTERS

### Computer Tips & Performance

Learn to personalize your computer's desktop, change start menu items and explore the computer environment. We will also review the issues of poor computer performance and explore the system tools you can use to help your computer run better. Basic to intermediate computer knowledge recommended. Fee is nonrefundable.

**Washington** ..... #20793  
Wed., May 26, 6:30PM- 8:30PM  
\$8.50 Residents/\$12.75 Non-Residents

### Create Your Own Presence on the WWW

Would you like to be on the World Wide Web (WWW)? You will learn how to acquire your own domain name, find a web host, and discover the programs available to create and maintain your website. Fee is nonrefundable.

**Madison** ..... #20797  
Mon., Jun 7, 6:00PM- 8:00PM  
\$8.50 Residents/\$12.75 Non-Residents

**Excel for Everyone**

Learn the basics of the most popular spreadsheet program. Learn how to create, modify, format, save and print a spreadsheet. Excel terminology and the use of basic formulas will be discussed.

**Madison ..... #20826**

Mon., Apr 19-May 17, 6:00PM- 8:00PM  
\$30.50 Residents/\$45.75 Non-Residents

**Morgandale School ..... #21677**

Mon., Apr 19-May 24, 6:00PM- 7:30PM  
\$28 Residents/\$42 Non-Residents

**Riverside ..... #21512**

Mon., Apr 19-May 17, 6:00PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

**Intermediate Microsoft Word**

Make your documents more interesting by adding graphics, art, headers and footers, tables, text boxes and more. Create a mail merge and use it to produce letters, envelopes and labels. Use Autotext, Autocorrect and Macros to help you save time and keystrokes.

**Cooper School ..... #20933**

Tue., May 18-Jun 8, 6:30PM- 8:30PM  
\$25 Residents/\$37.50 Non-Residents

**Introduction to Microsoft Office 2003**

This all in one course will provide comprehensive instruction on four popular Microsoft Office 2003 programs: Word, Excel, PowerPoint, and Outlook. In this course you will learn how to: Add a graph into a PowerPoint presentation. Attach a Word document into an e-mail. How to add a chart into a Word document. And a variety of other skills needed to gain confidence and perfection with the Microsoft Office Suite.

**Cooper School ..... #21569**

Thu., May 20-Jun 10, 6:30PM- 8:30PM  
\$25 Residents/\$37.50 Non-Residents

**Introduction to Microsoft PowerPoint**

Explore the software that allows you to create multimedia presentations. Create a PowerPoint presentation. Bring your ideas for a presentation; gain valuable tips.

**Cooper School ..... #21568**

Thu., Apr 22-May 13, 6:30PM- 8:30PM  
\$25 Residents/\$37.50 Non-Residents

**Madison ..... #20941**

Thu., Apr 22-May 20, 6:00PM- 8:00PM  
\$30.50 Residents/\$45.75 Non-Residents

**Riverside ..... #21680**

Mon., Apr 19-May 10, 7:30PM- 8:30PM  
\$14 Residents/\$21 Non-Residents

**Introduction to Microsoft Publisher**

Learn how to create professional looking flyers, greeting cards, brochures, and labels using Wizards and custom templates. Add visual interest with color and fill effects. Knowledge of word processing helpful, but not required.

**Marshall ..... #20942**

Wed., Apr 21-Jun 2, 6:00PM- 8:00PM  
\$41.50 Residents/\$62.25 Non-Residents

**Introduction to Microsoft Word**

This introductory class will teach you how to use this powerful word processing program, including: how to create, format and save documents, cut, copy and paste, run spelling and grammar checks, use the Thesaurus, print and print preview, and more.

**Madison ..... #20943**

Wed., Apr 21-May 19, 6:00PM- 8:00PM  
\$30.50 Residents/\$45.75 Non-Residents

**Morgandale School ..... #20944**

Thu., Apr 22-May 27, 6:00PM- 7:00PM  
\$19.50 Residents/\$29.25 Non-Residents

**Introduction to Personal Computers**

We'll cover the operation of the computer and gain hands-on experience with the keyboard, basic computer commands, and available software.

**Cooper School ..... #21709**

Tue., Apr 20-May 11, 6:30PM- 8:30PM  
\$25 Residents/\$37.50 Non-Residents

**Marshall ..... #20948**

Thu., Apr 22-Jun 3, 6:00PM- 8:00PM  
\$41.50 Residents/\$62.25 Non-Residents

**Washington ..... #20946**

Thu., Apr 22-Jun 3, 6:30PM- 8:30PM  
\$41.50 Residents/\$62.25 Non-Residents

**Introduction to the Internet**

Learn the terminology of the Internet, locate basic information and complete topical and key word searches. Set up your own bookmarks in this hands-on computer class. Basic computer knowledge recommended.

**Madison ..... #20951**

Mon., Apr 19-May 17, 6:00PM- 8:00PM  
\$30.50 Residents/\$45.75 Non-Residents

**Introduction to Windows XP**

Explore the world of Windows XP. Learn basic computer skills by using the latest software.

**Madison ..... #20953**

Tue., Apr 20-May 18, 6:00PM- 8:00PM  
\$30.50 Residents/\$45.75 Non-Residents

**Using Microsoft Outlook**

Learn the basic Outlook functions of sending, reading, deleting and saving messages. Use the address book to find e-mail addresses, and create distribution lists. We will also explore the features that can be used to customize e-mail messages. This course is for anyone who has a basic understanding of the Outlook environment.

**Washington ..... #21385**

Wed., Apr 21-May 19, 6:30PM- 8:30PM  
\$30.50 Residents/\$45.75 Non-Residents

**COOKING****Caribbean Cooking**

Have you always fantasized about a trip to an island while experiencing tasty Caribbean dishes? We are bringing you the most delicious Jamaican dishes for you to learn. Fee includes food costs. Fee is nonrefundable.

**Marshall ..... #20761**

Mon., May 10, 6:30PM- 8:30PM  
\$18 Residents/\$27 Non-Residents

**Chicken 'N Sides**

Save some money and make your own Baked Chicken and Sides like Maple Glazed Sweet Potatoes, Creamed Spinach, and more.

**Hamilton ..... #21647**

Tue., Apr 20, 6:00PM- 9:00PM  
\$12 Residents/\$18 Non-Residents

**Easy as Pie**

A Vegetarian Quiche and Fruit Pie to die for. Made with homemade crusts and fillings.

**Hamilton ..... #21650**

Tue., May 25, 6:00PM- 9:00PM  
\$12 Residents/\$18 Non-Residents

**Fresh Food Fast**

You can make a delicious, healthy meal in 30 minutes or less. Learn 4 different recipes that are sure to please your taste buds. Fee includes food cost and is nonrefundable.

**Riverside ..... #20856**

Wed., Jun 2, 6:30PM- 8:30PM  
\$15 Residents/\$22.50 Non-Residents

## Macrobiotic Meal

What's it all about, this Macrobiotic lifestyle? Is it vegetarian? What are the guidelines? Would it be a healthful path for me? This introduction to Macrobiotics will feature three Macrobiotic dishes and lots of ideas on how to get started. The dishes chosen for this workshop will be Vegan.

**Hamilton** ..... #21652  
Tue., Apr 27, 6:00PM- 9:00PM  
\$12 Residents/\$18 Non-Residents

## Man (I don't need no veggies) Chili

A terrific Cincinnati-Style 5 Way Chili with Mexican Corn Bread for perfect stick to the ribs winter entertaining.

**Hamilton** ..... #21654  
Tue., May 4, 6:00PM- 9:00PM  
\$12 Residents/\$18 Non-Residents

## Oriental Cooking with Wing See

Instructor Wing See will teach you everything from the basic techniques of Oriental cooking and menu planning to more complex cooking with spices. These classes will give you hands-on experience in learning how to complete a buffet-style meal, fit for any occasion. \$5 due to the instructor for supplies; \$3 for salad and Dim Sum. Fee is non-refundable.

**Hamilton (Oriental I)** ..... #21655  
Sat., Apr 17, 9:00AM- 3:00PM  
\$18 Residents/\$27 Non-Residents

**Hamilton (Oriental II)** ..... #21656  
Sat., Apr 24, 9:00AM- 3:00PM  
\$18 Residents/\$27 Non-Residents

**Hamilton (Oriental Salad)** ..... #21657  
Sat., May 1, 9:00AM-12:00PM  
\$10.50 Residents/\$15.75 Non-Residents

**Hamilton (Dim Sum)** ..... #21658  
Sat., May 8, 9:00AM-12:00PM  
\$10.50 Residents/\$15.75 Non-Residents

## So Easy Souffle

You CAN master the art of souffle making. Hands on class will feature elegant yet inexpensive Classic Cheese and Greek Spinach feta Souffles.

**Hamilton** ..... #21659  
Tue., May 18, 6:00PM- 9:00PM  
\$12 Residents/\$18 Non-Residents

## Soul Food Cooking Class

Soul food cooking dishes will be prepared that are delicious and healthy. Fee includes food cost and is non-refundable.

**Riverside** ..... #21227  
Sat., Apr 24, 1:00PM- 4:00PM  
\$10 Residents/\$15 Non-Residents

## Spectacular Salads

Who says salads have to be the start of a meal? Learn how to make a full meal out of a salad, using seasonal ingredients and home-made dressings. Fee includes food. Fee is non-refundable.

**Riverside** ..... #21252  
Wed., May 5, 6:30PM- 8:30PM  
\$10 Residents/\$15 Non-Residents

## Sushi

Sushi is a popular and healthy food. Vegetarian and seafood sushi will be prepared. Fee includes food. Fee is non-refundable.

**Riverside** ..... #21281  
Wed., Apr 28, 6:30PM- 8:30PM  
\$20 Residents/\$30 Non-Residents

**Riverside** ..... #21282  
Wed., May 19, 6:30PM- 8:30PM  
\$20 Residents/\$30 Non-Residents

## DANCE

### African Movement

We're taking it back to Africa. Learn basic African dance and African calls.

**Marshall** ..... #20610  
Wed., Apr 21-Jun 2, 7:45PM- 8:45PM  
\$20.50 Residents/\$30.75 Non-Residents

**Milw. Sch. of Lang.** ..... #20612  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

## American Tribal Style Belly Dance

American Tribal Style belly dance is based on group improvisational and synchronized movements that are a fusion of Traditional and Folkloric dances from the Middle East, Africa, Western Europe and Asia. This style of belly dance embodies the strength, beauty, and femininity of the dancers. This is a beginner class that teaches basic movement and posture, while working all muscles of the body, but focuses on the back, arms, abs, and obliques. Required: Zills (finger cymbals can be purchased at first class, \$15). Recommended: Hip scarf

**Fratney** ..... #20631  
Thu., Apr 22-May 27, 6:30PM- 7:30PM  
\$18 Residents/\$27 Non-Residents

**Fratney** ..... #20633  
Thu., Apr 22-May 27, 7:45PM- 8:45PM  
\$18 Residents/\$27 Non-Residents

**Milw. Sch. of Lang.** ..... #20632  
Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Riverside** ..... #21513  
Wed., Apr 21-May 26, 6:00PM- 7:00PM  
\$18 Residents/\$27 Non-Residents

## American Tribal Style Bellydance Level II

American Tribal Style Bellydance Level II is for students who are comfortable with the moves offered in Level I. In addition to introducing more advanced moves, Level II focuses on performance situations and taking a strong lead. It is recommended to take Level I at least twice before joining Level II.

**Riverside** ..... #21541  
Wed., Apr 21-May 26, 7:00PM- 8:00PM  
\$18 Residents/\$27 Non-Residents

## DID YOU KNOW ABOUT THIS?

When using our online registration system, you can personalize your Login ID and Account Pin so the passwords are easy to remember. To learn how, visit [www.MilwaukeeRecreation.net/change](http://www.MilwaukeeRecreation.net/change)

**ATS Belly Dance Level 1 Drills**

American Tribal Style Belly Dance Level 1 Drills is a continuation of the Level 1 ATS class. The focus of this class is to take what you have learned in Level 1 ATS Belly Dance and prepare you for a level 2 ATS class. We will use the moves learned in Level 1 and focus on working with other dancers, giving and reading cue clearly, using smooth transitions, taking a strong lead, along with mastering the moves you do know, dancing in a chorus formation, different ways to circle up, fading moves, turning moves in, stage presence, and understanding tribal costuming.

**Milw. Sch. of Lang. .... #21511**

Thu., Apr 22-Jun 3, 8:15PM- 9:15PM  
\$20.50 Residents/\$30.75 Non-Residents

**Attention Bride and Groom - Surprise Wedding Dance Workshop**

**NEW** Short on time with all the other wedding preparations, but you still want to try something exciting and different at your reception? Ignite your wedding reception night with a 'surprise' dance routine that everyone will remember and rave about for years to come! This workshop class works as a great introduction to the regular 4 week class or just for the couples who need to learn an original surprise dance routine in a hurry.

**Hamilton ..... #21527**

Sat., Apr 17, 10:00AM-12:00PM  
\$8 Residents/\$12 Non-Residents

**Attention Bride and Groom: Surprise Wedding Reception Dance!**

**NEW** Ignite your wedding reception night with a 'surprise' dance routine that everyone will remember and rave about for years to come! This class is geared for the bride and groom who want to do something different for their first dance, but it would also be great for anyone looking to perform a non-traditional wedding dance. Learn an original, rockin' choreographed dance routine, PLUS, each person will receive a DVD of their dance performance for future practice help, AND a copy of the mixed music to use at their wedding.

**Brinton ..... #21528**

Thu., Apr 22-May 13, 8:15PM- 9:15PM  
\$13 Residents/\$19.50 Non-Residents

**Ballet**

Ballet can offer you a complete physical workout. Dance your way to better flexibility, strength and posture! It is never too late to sign up for ballet.

**Marshall (Beg) ..... #21496**

Sat., Apr 17-Jun 5, 11:00AM-12:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Milw. Sch. of Lang. (Beg) ..... #20674**

Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Milw. Sch. of Lang. (Int/Adv) #21495**

Mon., Apr 19-Jun 7, 8:00PM- 9:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Ballroom Basics**

You think you know someone... until you take our class... and then you'll know them a lot better! It's all about chemistry and communication. So all you ladies and gents, come learn the fundamentals of Rumba, Foxtrot, Waltz, and Swing! The course will begin with basic footwork and musicality, and work towards challenging combinations. Partner is required. Shoes (or socks) that slide are recommended. Instructors: Betsy Guerrero and Matt Woida.

**Brinton ..... #20682**

Fri., Apr 23-Jun 11, 6:00PM- 7:30PM  
\$33 Residents/\$49.50 Non-Residents

**Ballroom Survival**

When you attend a wedding or reunion, are you envious of the people gliding across the dance floor? Learn to waltz, fox-trot, cha-cha, etc., so that when the next song plays, you are the one sweeping others off their feet. A partner is recommended. Wear casual dress shoes. Fee is per person.

**81st St. School ..... #20683**

Tue., Apr 20-Jun 1, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Hamilton ..... #20684**

Wed., Apr 21-Jun 2, 7:00PM- 8:30PM  
\$29.50 Residents/\$44.25 Non-Residents

**South Div. .... #21477**

Sat., Apr 10-May 22, 1:00PM- 2:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Boppin' with Bosco**

To all Boppers and any person who would love to learn the Art of Boppin: come on out and get your bop on! Come to the School of Boppin at Washington Community Center. Boppin is a great way to improve your health and reduce stress. Please wear leather sole shoes.

**Washington ..... #20736**

Mon., Apr 26-Jun 7, 6:30PM- 8:00PM  
\$25.50 Residents/\$38.25 Non-Residents

**Country Line Dancing**

The Boot Scooters will teach a variety of Western-style dances. No partner needed. Wear Western clothing (if you wish) and casual dress shoes. No rubber soles.

**Hamilton ..... #20795**

Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Crash Course in Dance**

Learn the fox-trot, quickstep, waltz, Viennese waltz, tango, rumba, bolero, cha-cha, samba, merengue, and swing. This class focuses on your interests. A partner is required. Wear casual dress shoes. Fee is per person.

**Hamilton ..... #21482**

Tue., Apr 20-Jun 1, 7:30PM- 8:30PM  
\$20.50 Residents/\$30.75 Non-Residents

**Egyptian Belly Dance**

Tone your core muscles as you learn isolations, undulations, shimmies, and combinations of the ancient art of belly dancing. Please no jeans.

**Fratney ..... #21485**

Thu., Apr 22-Jun 3, 7:30PM- 8:30PM  
\$20.50 Residents/\$30.75 Non-Residents

**Riverside ..... #21514**

Mon., Apr 19-Jun 14, 6:00PM- 7:30PM  
\$33 Residents/\$49.50 Non-Residents

**HYPE Hip-Hop Dance Class**

Get ready to HYPE IT UP! This class teaches a combination of jazz and hip-hop/funk dance routines to popular pop and hip-hop songs. All dance levels with no previous dance experience required. Presented by HYPE Cheer & Dance, Inc. Fee is per person.

**Marshall ..... #20920**

Mon., Apr 19-Jun 7, 7:30PM- 8:30PM  
\$20.50 Residents/\$30.75 Non-Residents

**Riverside ..... #20921**

Thu., Apr 22-May 27, 7:00PM- 8:00PM  
\$18 Residents/\$27 Non-Residents

## La Salsa Vida!

Escape 'the grind'! Instructors Betsy Guerrero and Matt Woida will break down the complexities of club-style Salsa and explain the conventions of leading and following. The course will introduce basic dance conventions, musicality, and partnership, and work towards challenging combinations. Shoes (or socks) that slide are recommended. No sandals, please! No partner required, partners rotate.

**Brinton** ..... #20984  
 Fri., Apr 23-Jun 11, 7:30PM- 9:00PM  
 \$33 Residents/\$49.50 Non-Residents

**South Div.** ..... #21479  
 Wed., Apr 21-Jun 2, 6:00PM- 7:30PM  
 \$29.50 Residents/\$44.25 Non-Residents

## Mid-Eastern Belly Dance

Enwrap yourself in the sultry sounds of the Middle East and dance to the beat of a different drum. This ancient art is an enchanting movement stemming from the Earth up throughout your body and out your fingertips. Learn to move from your soul and spirituality.

**Brinton** ..... #21710  
 Fri., Apr 23-Jun 11, 9:05AM-10:05AM  
 \$20.50 Residents/\$30.75 Non-Residents

**Marshall** ..... #21494  
 Tue., Apr 20-Jun 1, 7:00PM- 8:00PM  
 \$20.50 Residents/\$30.75 Non-Residents

## Salsa and Merengue With Shaia and Pete

Learn the basic steps and patterns of the Latin street dances, Salsa, Merengue and Bachata, with Milwaukee's premier Latin dance duo, Shaia and Pete! No partner needed as we rotate partners.

**Riverside** ..... #21542  
 Mon., Apr 19-Jun 14, 7:30PM- 9:00PM  
 \$33 Residents/\$49.50 Non-Residents

## Steppin'

Learn the new style of dancing-Steppin', Chicago style. Learn the basic steps from The Step Master Whodini. Create your own style; get your Step On! A partner is suggested. No tennis shoes; leather-soled shoes preferred. Fee is per person.

**Washington** ..... #21269  
 Tue., Apr 20-May 25, 6:30PM- 8:30PM  
 \$33 Residents/\$49.50 Non-Residents

**Marshall** ..... #22903  
 Mon., Apr 19-Jun 7, 6:30PM- 8:00PM  
 \$29.50 Residents/\$44.25 Non-Residents

## Salsa Rueda De Casino

Join a growing dance community! Rueda de Casino is a Cuban-style of Salsa where couples dance in formation, execute patterns as called by a group leader, and continually rotate partners. Learn standard Rueda figures and the fundamentals of Salsa timing and Rueda partnership. No salsa experience is required. This course will start with basic Salsa timing and footwork, and will progress through a curriculum of standard Rueda patterns. (Many Rueda figures can also be danced without changing partners.) More people make Rueda more fun, so bring your friends! Shoes that slide are recommended (or socks). No sandals, please! Instructors: Betsy Guerrero and Matt Woida.

**South Div.** ..... #21478  
 Wed., Apr 21-Jun 2, 7:30PM- 9:00PM  
 \$29.50 Residents/\$44.25 Non-Residents

## Second Prom: 70's Style

Join Milwaukee Recreation for Second Prom, our tongue-in-cheek send-up of a traditional high school prom. This twice-in-a-lifetime event is designed for adults who are looking to redeem or relive that magic moment. Rent a limo, dig out a blue tuxedo, and sign up for this fun-filled night of re-enchantment. This year's theme is 1970's, so put on your platform shoes and prepare to catch a 'Saturday Night Fever.' Call Joel Symons with any questions: (414) 475-8538. Cake and refreshments are provided. Please remember: Alcoholic beverages are not allowed on Milwaukee Recreation property. Fee is nonrefundable.

**Brinton** ..... #21200  
 Sat., May 22, 7:00PM-10:00PM  
 \$10.50 Residents/\$15.75 Non-Residents



## Tap Dance II

Tap into some more fitness and just as much, if not more fun. This class is designed for those who have taken beginner tap dance or have had some tap dance experience.

**Brinton** ..... #21319  
 Wed., Apr 21-Jun 9, 6:15PM- 7:15PM  
 \$23 Residents/\$34.50 Non-Residents

## Tap Dance III

Tap 3 is designed for the advanced tapper and those who have completed Tap I and Tap II. Students should have a broad tap vocabulary and understanding of basic tap steps.

**Brinton** ..... #21612  
 Wed., Apr 21-Jun 9, 7:20PM- 8:20PM  
 \$23 Residents/\$34.50 Non-Residents

## FINANCE

### Basics of Investing

What investment options are right for you? This educational seminar explains investment concepts in easy-to-understand terms. Other topics discussed are: understanding risk, asset allocation, and staying on course with your investment objectives. Seminar presented by Donald Paynter, First Vice President-Investments and Susan Paynter, Wealth Strategy Associate. Fee is nonrefundable.

**Hamilton** ..... #20689  
 Tue., May 4, 6:30PM- 8:30PM  
 \$8 Residents/\$12 Non-Residents

**Milw. Sch. of Lang.** ..... #20690  
 Mon., May 10, 6:30PM- 8:30PM  
 \$8 Residents/\$12 Non-Residents

### Business Plan Writing Class

This class will focus on writing a working business plan for your own personal use. Students will leave this class with a business plan worksheet, Internet and other resources, and the knowledge to complete their working business plans on their own. There will be time for a Q&A during the workshop to get your individual questions answered. Although not the goal of this class, this working plan could be the beginning of a more extensive business plan that might be needed for raising capital, applying for a loan, etc.

**Alcott** ..... #21596  
 Mon., Apr 26-May 10, 6:00PM- 8:00PM  
 \$18 Residents/\$27 Non-Residents

**Marshall** ..... #21607  
 Mon., May 17-Jun 7, 6:00PM- 8:00PM  
 \$18 Residents/\$27 Non-Residents

**Credit Repair**

You've finally found the house of your dreams or are applying for a job you've always wanted. However, when you're ready to buy or are one step away from securing the job, you don't qualify for the loan or job because of poor credit. In this 60 minute seminar, find out how to get your credit back on track when we answer: Your credit rating - how do you get one and what does it mean? How does credit impact your borrowing power? How do you fix my credit?

**Alcott** ..... #21600  
Mon., May 17, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

**Home Buyers Beware!**

In an atmosphere of predatory lending and an array of realtor options, this class will teach you industry insider secrets. Participants will become familiar with and understand pre-qualification processes, financing, real estate appraisals, credit reports and more. In short, the main goal of this class is for participants to understand how to buy a home. Class taught by Joaquin Altoro, owner of Network Mortgage and Virgilio Maldonado, owner of Priority Realty. Class is bilingual: Spanish/English.

**Hamilton** ..... #20907  
Sat., May 15-May 22, 11:00AM- 1:00PM  
\$13 Residents/\$19.50 Non-Residents

**Nonprofit Start-Up**

Are you looking to start a nonprofit organization? This class will teach you how to form a organization, create a business plan, find funding and other resources.

**Riverside** ..... #21705  
Thu., Apr 22-Jun 10, 6:00PM- 7:30PM  
\$33 Residents/\$49.50 Non-Residents

**Small Business Start-Up**

Are you looking to start a business? This class will teach you how to form a business, create a business plan, find funding and other resources.

**Alcott** ..... #21595  
Wed., Apr 21-Jun 2, 6:00PM- 7:30PM  
\$29.50 Residents/\$44.25 Non-Residents

**Planning a Secure Retirement**

Increased inflation, longer life expectancy, and rising healthcare costs are new realities to consider in managing your retirement income. That is why planning for retirement is crucial. This interactive seminar focuses on your retirement needs and goals. The presentation discusses ideas on how you can prepare and manage for the many changing circumstances on the road to retirement. Complimentary workbook will be provided. Seminar presented by Donald Paynter, First Vice President-Investments and Susan Paynter, Wealth Strategy Associate. Fee is nonrefundable.

**Hamilton** ..... #21140  
Tue., May 25, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents

**Riverside** ..... #21139  
Mon., May 17, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents

**Protecting and Growing Your Assets**

Learn some understandable, positive & simple steps to safeguard and grow your assets in an 'uncertain' economy for you, your children or your grandchildren! Class offered by Virgil Maldonado and Ed Fons of Catholic Knights. Fee is nonrefundable.

**Hamilton** ..... #21166  
Sat., May 1, 10:00AM-11:30AM  
\$7 Residents/\$10.50 Non-Residents

**Hamilton** ..... #21167  
Sat., Apr 17, 10:00AM-11:30AM  
\$7 Residents/\$10.50 Non-Residents

**So You Want to Start a Business?**

Are you an entrepreneur with a marketable idea? Do you need a business plan and a way to get funding? Attend this session presented by a member of SCORE (small business counselors). We will also explore home and Internet businesses and franchises. Fee is non-refundable.

**Hamilton** ..... #21706  
Sat., May 22, 10:00AM-11:30AM  
\$7 Residents/\$10.50 Non-Residents

**South Div.** ..... #21220  
Sat., May 15, 10:00AM-11:30AM  
\$7 Residents/\$10.50 Non-Residents

**Taking the Emotions out of Investing**

In this time of extreme market volatility, it can be easy for investors to be driven by their own emotions, habits, and biases. In this informative discussion, we'll examine the emotional and habitual factors that lead to poor investment decisions, and offer advice on how to avoid such pitfalls. Seminar presented by Donald Paynter, First Vice President-Investments and Susan Paynter, Wealth Strategy Associate. Fee is nonrefundable.

**Hamilton** ..... #21313  
Tue., Jun 1, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents

**Riverside** ..... #21314  
Mon., Jun 7, 6:30PM- 8:30PM  
\$8 Residents/\$12 Non-Residents

**FITNESS****ABsoGLUTELY Fit**

Work on your upper and lower abdomen. You will be targeting the gluteus maximus area to the back of your thighs. Look and feel better. Wear comfortable clothing.

**81st St. School** ..... #21491  
Mon., Apr 19-Jun 7, 5:45PM- 6:30PM  
\$19.50 Residents/\$29.25 Non-Residents

**Brinton** ..... #20581  
Mon., Apr 19-Jun 7, 6:10PM- 7:10PM  
\$24 Residents/\$36 Non-Residents

**Brinton** ..... #20582  
Wed., Apr 21-Jun 9, 6:00PM- 7:00PM  
\$27 Residents/\$40.50 Non-Residents

**Hamilton** ..... #20580  
Mon., Apr 19-May 24, 7:00PM- 8:00PM  
\$21 Residents/\$31.50 Non-Residents

**Milw. Sch. of Lang.** ..... #20586  
Thu., Apr 22-Jun 3, 6:00PM- 7:00PM  
\$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang.** ..... #21492  
Wed., Apr 21-Jun 2, 7:00PM- 7:45PM  
\$19.50 Residents/\$29.25 Non-Residents

**Riverside** ..... #20584  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

## Aerobics (Mild Intensity)

Aerobic exercise is a great way to improve your health and reduce stress. Through movement exercises performed to music, you will enhance your flexibility, endurance and body tone. Wear comfortable clothing and tennis shoes.

**Marshall ..... #20606**  
 Mon., Apr 19-Jun 7, 7:30PM- 8:30PM  
 \$24 Residents/\$36 Non-Residents

**Marshall ..... #20607**  
 Wed., Apr 21-Jun 2, 6:30PM- 7:30PM  
 \$24 Residents/\$36 Non-Residents

## Basic Training

Sound off 1-2, sound off 3-4. This class is a fun, yet challenging full body workout. The stations set-up will include cardio and strength training exercises. Instructor Angie Wothe says to wear your camouflage for fun.

**Brinton ..... #20687**  
 Thu., Apr 22-Jun 10, 6:00PM- 7:00PM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #20688**  
 Tue., Apr 20-Jun 8, 6:00PM- 7:00PM  
 \$27 Residents/\$40.50 Non-Residents

## Belly Dance Aerobics

Belly dance aerobics involves exercises designed to tighten and tone your waist, hips and abdominal muscles through easy-to-follow isometric movements. This class will help to enhance your overall flexibility and general conditioning. Bring leotards, a large scarf or veil and a towel or mat.

**Hamilton ..... #20702 (Beg.)**  
 Mon., Apr 19-May 24, 7:00PM- 8:00PM  
 \$21 Residents/\$31.50 Non-Residents

**Milw. Sch. of Lang. .... #20701 (Beg.)**  
 Mon., Apr 19-Jun 7, 6:00PM- 7:00PM  
 \$24 Residents/\$36 Non-Residents

**Riverside ..... #21543**  
 Sat., Apr 17-Jun 5, 11:00AM-12:00PM  
 \$27 Residents/\$40.50 Non-Residents

## Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Wear comfortable, loose clothing.

**Brinton ..... #20723**  
 Tue., Apr 20-Jun 8, 7:15PM- 8:15PM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #20724**  
 Sat., Apr 17-Jun 5, 9:00AM-10:00AM  
 \$24 Residents/\$36 Non-Residents

**Marshall ..... #20726**  
 Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang. .... #20722**  
 Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang. .... #21538**  
 Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

## Body Toning

Improve your overall physical conditioning through the use of weights. Learn how to choose weights, lift properly and affect various body areas. Wear comfortable clothing and tennis shoes.

**North Div. .... #20727**  
 Mon., Apr 19-May 24, 6:00PM- 7:00PM  
 \$21 Residents/\$31.50 Non-Residents

**North Div. .... #20728**  
 Wed., Apr 28-Jun 2, 6:00PM- 7:00PM  
 \$21 Residents/\$31.50 Non-Residents

## Boot Camp

Think you have what it takes? Come to Boot Camp where you will get an intense workout participating in different aerobic and anaerobic exercises. Different stations will be set up to work every part of your body. Wear comfortable clothing and tennis shoes.

**81st St. School ..... #20730**  
 Tue., Apr 20-Jun 1, 6:30PM- 7:30PM  
 \$24 Residents/\$36 Non-Residents

**Alcott ..... #20732**  
 Mon., Apr 19-Jun 7, 6:30PM- 7:30PM  
 \$24 Residents/\$36 Non-Residents

**Fratney ..... #20733**  
 Thu., Apr 22-May 27, 7:00PM- 8:00PM  
 \$21 Residents/\$31.50 Non-Residents

**Marshall ..... #20734**  
 Thu., Apr 22-Jun 3, 6:00PM- 7:00PM  
 \$24 Residents/\$36 Non-Residents

**Riverside ..... #20731**  
 Sat., Apr 17-Jun 5, 11:00AM-12:00PM  
 \$24 Residents/\$36 Non-Residents

## Boxing Aerobics

This high energy workout incorporates punching, footwork and rope jumping to optimize physical conditioning. This non-contact workout uses the combination of boxing, floor movements, coordination drills and upbeat music to capture the ambiance of the ring. Wear comfortable clothing and tennis shoes.

**Brinton ..... #20738**  
 Mon., Apr 19-Jun 7, 7:15PM- 8:15PM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #20739**  
 Wed., Apr 21-Jun 9, 7:15PM- 8:15PM  
 \$27 Residents/\$40.50 Non-Residents

**Vincent ..... #21580**  
 Thu., Apr 22-Jun 10, 7:00PM- 8:00PM  
 \$27 Residents/\$40.50 Non-Residents

## Cardio Funk Aerobics

If you enjoy dancing, then you will enjoy this fun filled, aerobic workout that will get you in the groove to move. This class will combine high and/or low impact moves, your choice, in a dance infused style, to the sounds of high energy 'hip/house' or 'juke' music. Just bring your positive energy and attitude. No dance experience required. Wear comfortable clothing.

**81st St. School ..... #21505**  
 Wed., Apr 21-Jun 2, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

## Cardio-Kickboxing

Get ready for a very popular workout - cardio-kickboxing. With this musical workout you will attempt to lose weight, tone your body, and have fun while incorporating components of self-defense. Do it for your health or just do it for 'kicks'. Wear comfortable clothing and tennis shoes. Bring an exercise mat or towel.

**Hamilton ..... #20759**  
 Wed., Apr 21-Jun 2, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Marshall ..... #20756**  
 Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang. .... #20757**  
 Mon., Apr 19-Jun 7, 6:00PM- 7:00PM  
 \$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang. .... #20758**  
 Wed., Apr 21-Jun 2, 6:00PM- 7:00PM  
 \$24 Residents/\$36 Non-Residents

**Cardio Fusion**

This class includes a bit of cardio, a bit of step, and a bit of toning exercises. All three mixed together and you have Cardio Fusion! Instructed by Angie Wothe.

**Brinton** ..... #21530  
Thu., Apr 22-Jun 10, 7:15PM- 8:15PM  
\$27 Residents/\$40.50 Non-Residents

**Brinton** ..... #21571  
Sat., Apr 17-Jun 5, 8:00AM- 9:00AM  
\$24 Residents/\$36 Non-Residents

**Double Dutch**

Jump into fitness and fun. This high energy class will allow you to learn new tricks, meet friends and bring back neighborhood memories!

**North Div.** ..... #20814  
Sat., Apr 24-Jun 5, 1:30PM- 2:30PM  
\$21 Residents/\$31.50 Non-Residents

**Dynamic All-Starz II Adult Hip Hop Aerobics**

Hip Hop Aerobics is a fun, energetic way to lose weight, gain endurance, build muscle, learn new rhythm and new dance steps to old school and new hip hop music. Come get your groove on! Wear comfortable clothing that will not inhibit movement.

**Madison** ..... #21673  
Sat., Apr 17-Jun 12, 8:00AM- 9:00AM  
\$27 Residents/\$40.50 Non-Residents

**Gospel Aerobics**

A spiritual uplifting experience for your body, mind and soul. Includes a variety of gospel selections.

**Marshall** ..... #20888  
Sat., Apr 17-Jun 5, 9:00AM-10:00AM  
\$24 Residents/\$36 Non-Residents

**Marshall** ..... #20889  
Mon., Apr 19-Jun 7, 6:30PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

**Hard Core**

This abs/lower back class will not only tone your mid-section, it will also improve your balance, coordination and core strength.

**Marshall** ..... #21500  
Thu., Apr 22-Jun 3, 8:00PM- 8:45PM  
\$19.50 Residents/\$29.25 Non-Residents

**Milw. Sch. of Lang.** ..... #21610  
Wed., Apr 21-Jun 2, 7:45PM- 8:30PM  
\$19.50 Residents/\$29.25 Non-Residents

**Hoop Dance Workout**

Hooping is not just for kids! Today, hula hooping has evolved into an exciting dance form called 'hoopdance', which has amazing benefits for the body and mind. Plus, it's fun! Hooping is for EVERY BODY. Hoops will be available to borrow or for purchase.

**81st St. School** ..... #20913  
Wed., Apr 21-Jun 2, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Fratney** ..... #20912  
Tue., Apr 20-Jun 1, 6:30PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

**Riverside** ..... #20915  
Sat., Apr 17-Jun 5, 1:30PM- 2:30PM  
\$27 Residents/\$40.50 Non-Residents

**Pilates**

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Bring your own mat. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

**Brinton** ..... #21136  
Wed., Apr 21-Jun 9, 7:30PM- 8:30PM  
\$27 Residents/\$40.50 Non-Residents

**Brinton** ..... #21708  
Fri., Apr 23-Jun 11, 8:00AM- 9:00AM  
\$27 Residents/\$40.50 Non-Residents

**Hamilton** ..... #21135  
Thu., Apr 22-Jun 3, 6:30PM- 7:30PM  
\$24 Residents/\$36 Non-Residents

**Riverside** ..... #21515  
Sat., Apr 17-Jun 5, 9:00AM-10:00AM  
\$24 Residents/\$36 Non-Residents

**Vincent** ..... #21679  
Thu., Apr 22-Jun 10, 6:00PM- 7:00PM  
\$27 Residents/\$40.50 Non-Residents

**Plus-size Belly Dancing**

Class taught by Shaia, especially designed for large and lovely ladies. Wear comfortable, stretchy clothing (no jeans).

**Riverside** ..... #21544  
Sat., Apr 17-Jun 5, 12:00PM- 1:00PM  
\$24 Residents/\$36 Non-Residents

**Plus-size Exercise**

Class consists of a warm-up and moderate activities to improve your cardiovascular system, strength and endurance. A cool-down with stretching and relaxation will end the class. Floor exercises included. Discussion of plus-size issues. Held in a private setting. Wear comfortable clothing and tennis shoes.

**Brinton** ..... #21141  
Wed., Apr 21-Jun 9, 6:00PM- 7:00PM  
\$27 Residents/\$40.50 Non-Residents

**Brinton** ..... #21142  
Sat., Apr 17-Jun 5, 8:00AM- 9:00AM  
\$24 Residents/\$36 Non-Residents

**Poi Dancing**

San Francisco style Poi comes to Milwaukee with the beginning level of Temple of Poi certified instruction offered by You are spHERE teacher Marilyn Besasie. This course teaches students all the fundamental elements of poi dance movement. Poi is a form of juggling where the balls are swung around the body in beautiful patterns. Learn the Pinwheel, Butterfly, Weave moves and more, as well as their variations and transitions between them.

**Bay View** ..... #21593  
Tue., Apr 13-Jun 1, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Riverside** ..... #21707  
Sat., Apr 17-Jun 5, 1:00PM- 2:00PM  
\$24 Residents/\$36 Non-Residents

**Poi Dancing 2**

Take your poi dancing to the next level and learn more moves, transitions and variations with the Advanced Beginner series of You are spHERE lessons from Marilyn Besasie. This course teaches students the continuing elements of poi dance movement. Poi is a form of juggling where the balls are swung around the body in beautiful patterns. Learn the Buzzsaw, Thread the Needle, Wave moves and more.

**Bay View** ..... #21594  
Thu., Apr 15-Jun 3, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Power Yoga**

Exhilarate your mind and body! Closely modeled on the Ashtanga style of practice, power yoga is a vigorous, fitness based yoga class with a focus on strength and flexibility. Bring a mat.

**Brinton** ..... #21531  
Tue., Apr 20-Jun 8, 6:15PM- 7:15PM  
\$27 Residents/\$40.50 Non-Residents

## Rock Hard Abs

Get the washboard abs you have always wanted. This conditioning class will focus on defining and toning the abdominal muscles while strengthening the lower back.

**81st St. School ..... #21493**  
 Mon., Apr 19-Jun 7, 6:30PM- 7:00PM  
 \$13.50 Residents/\$20.25 Non-Residents

**Alcott ..... #21180**  
 Mon., Apr 19-Jun 7, 7:30PM- 8:00PM  
 \$13.50 Residents/\$20.25 Non-Residents

**Brinton ..... #21548**  
 Sat., Apr 17-Jun 5, 10:15AM-10:45AM  
 \$13.50 Residents/\$20.25 Non-Residents

**Marshall ..... #21182**  
 Thu., Apr 22-Jun 3, 8:00PM- 8:30PM  
 \$13.50 Residents/\$20.25 Non-Residents

**Milw. Sch. of Lang. .... #21178**  
 Mon., Apr 19-Jun 7, 5:30PM- 6:00PM  
 \$13.50 Residents/\$20.25 Non-Residents

**Milw. Sch. of Lang. .... #21181**  
 Wed., Apr 21-Jun 2, 5:30PM- 6:00PM  
 \$13.50 Residents/\$20.25 Non-Residents

## Spiced up Cardio Sculpt

This class is a combination of Spiced up Cardio and Body Sculpting. Enjoy the best of both worlds. Taught by Angie Wothe.

**Brinton ..... #21253**  
 Mon., Apr 19-Jun 7, 5:00PM- 6:00PM  
 \$24 Residents/\$36 Non-Residents

## Streamline Your Body Through Plus-size Yoga

Gentle yoga helps strengthen your metabolism, dissolve fat, tone muscles, and adopt an active lifestyle. Basic stretches, postures, breathing, relaxation and self-massage will be taught. Class focuses on making yoga fun and doable for all body types. Wear comfortable clothing and tennis shoes.

**Brinton ..... #21272**  
 Sat., Apr 17-Jun 5, 11:20AM-12:20PM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21533**  
 Thu., Apr 22-Jun 10, 7:30PM- 8:30PM  
 \$27 Residents/\$40.50 Non-Residents

## Yoga

Release some stress in your life with the calming ritual of yoga. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation and meditation. Bring your own exercise mat or use ours. Wear comfortable clothing and tennis shoes. Individuals with medical conditions should be cleared by their physician prior to participation.

**81st St. School ..... #21428**  
 Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Alcott ..... #21573**  
 Wed., Apr 21-Jun 9, 6:15PM- 7:15PM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #21429**  
 Sat., Apr 17-Jun 5, 9:10AM-10:10AM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21430**  
 Mon., Apr 19-Jun 7, 9:00AM-10:00AM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21431**  
 Wed., Apr 21-Jun 9, 9:00AM-10:00AM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #21432**  
 Mon., Apr 19-Jun 7, 5:20PM- 6:20PM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21433**  
 Mon., Apr 19-Jun 7, 6:25PM- 7:25PM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21434**  
 Mon., Apr 19-Jun 7, 7:30PM- 8:30PM  
 \$24 Residents/\$36 Non-Residents

**Brinton ..... #21435**  
 Thu., Apr 22-Jun 10, 6:25PM- 7:25PM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #21436**  
 Thu., Apr 22-Jun 10, 5:20PM- 6:20PM  
 \$27 Residents/\$40.50 Non-Residents

**Brinton ..... #21437**  
 Sat., Apr 17-Jun 5, 10:15AM-11:15AM  
 \$24 Residents/\$36 Non-Residents

**Fratney ..... #21438**  
 Thu., Apr 22-May 27, 6:15PM- 7:15PM  
 \$21 Residents/\$31.50 Non-Residents

**Hamilton ..... #21426**  
 Tue., Apr 20-Jun 1, 6:30PM- 7:30PM  
 \$24 Residents/\$36 Non-Residents

**Hamilton ..... #21427**  
 Tue., Apr 20-Jun 1, 7:30PM- 8:30PM  
 \$24 Residents/\$36 Non-Residents

**Marshall ..... #21616**  
 Wed., Apr 21-Jun 2, 7:30PM- 8:30PM  
 \$24 Residents/\$36 Non-Residents

**Riverside ..... #21440**  
 Mon./ Wed., Apr 19-Jun 2, 6:00PM- 7:00PM  
 \$42 Residents/\$63 Non-Residents

**Riverside ..... #21443**  
 Mon./ Wed., Apr 19-Jun 2, 7:00PM- 8:00PM  
 \$42 Residents/\$63 Non-Residents

**Riverside ..... #21545**  
 Sat., Apr 17-Jun 5, 10:00AM-11:00AM  
 \$27 Residents/\$40.50 Non-Residents

**Riverside ..... #21681**  
 Mon., Apr 19-Jun 7, 6:00PM- 7:00PM  
 \$24 Residents/\$36 Non-Residents

**Riverside ..... #21682**  
 Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
 \$24 Residents/\$36 Non-Residents

**Vincent ..... #21678**  
 Thu., Apr 22-Jun 10, 7:00PM- 8:00PM  
 \$27 Residents/\$40.50 Non-Residents

**Washington ..... #21441**  
 Tue., May 4-Jun 8, 7:15PM- 8:15PM  
 \$21 Residents/\$31.50 Non-Residents

**Washington ..... #21442**  
 Thu., May 6-Jun 10, 7:15PM- 8:15PM  
 \$21 Residents/\$31.50 Non-Residents

## Yoga With a Twist of Pilates

Release some stress in your life with the calming ritual of Yoga & Pilates. Yoga is a lifestyle incorporating natural exercise, diet, proper breathing, relaxation and meditation. Pilates is a non-impact class where you will improve your core strength and flexibility. Bring your own mat to class.

**Washington ..... #21445**  
 Mon., Apr 19-Jun 7, 6:15PM- 7:15PM  
 \$24 Residents/\$36 Non-Residents

**Washington ..... #21446**  
 Wed., Apr 21-May 26, 6:15PM- 7:15PM  
 \$24 Residents/\$36 Non-Residents

## Tummy, Waist and Thighs

If you're dissatisfied with the shape or size of your hips, glutes, abs, or thighs, you can choose to transform them into the shape you've always wanted. This class is devoted to exercises and nutritional tips that will shape, strengthen and tone your body. Wear comfortable, loose clothing.

**81st St. School ..... #21380**  
 Wed., Apr 21-Jun 2, 6:15PM- 7:00PM  
 \$19.50 Residents/\$29.25 Non-Residents

**Brinton ..... #21381**  
 Fri., Apr 23-Jun 11, 6:15PM- 7:15PM  
 \$27 Residents/\$40.50 Non-Residents

**Cooper School ..... #21572**  
 Thu., Apr 22-Jun 10, 6:30PM- 7:30PM  
 \$27 Residents/\$40.50 Non-Residents

**Marshall ..... #21609**  
 Wed., Apr 21-Jun 2, 7:30PM- 8:30PM  
 \$24 Residents/\$36 Non-Residents

**Zumba**

This fun and easy-to-do workout is the latest craze in exercise. Zumba routines feature easy-to-follow dance steps to Latin music that will help you tone and sculpt your body.

**81st St. School** ..... #21524  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Alcott** ..... #21455  
Wed., Apr 21-Jun 9, 6:50PM- 7:50PM  
\$27 Residents/\$40.50 Non-Residents

**Brinton** ..... #21458  
Sat., Apr 17-Jun 5, 9:05AM-10:05AM  
\$24 Residents/\$36 Non-Residents

**Brinton** ..... #21534  
Wed., Apr 21-Jun 9, 5:30PM- 6:30PM  
\$27 Residents/\$40.50 Non-Residents

**Cooper School** ..... #21456  
Tue., Apr 20-Jun 8, 6:30PM- 7:30PM  
\$27 Residents/\$40.50 Non-Residents

**Hamilton** ..... #21465  
Thu., Apr 22-Jun 3, 5:15PM- 6:15PM  
\$24 Residents/\$36 Non-Residents

**Hamilton** ..... #21466  
Mon., Apr 19-May 31, 7:00PM- 8:00PM  
\$21 Residents/\$31.50 Non-Residents

**Madison** ..... #21674  
Wed., Apr 21-Jun 9, 6:30PM- 7:30PM  
\$27 Residents/\$40.50 Non-Residents

**Marshall** ..... #21462  
Tue., Apr 20-Jun 1, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang.** ..... #21457  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang.** ..... #21461  
Wed., Apr 21-Jun 2, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Morgandale School** ..... #21460  
Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Morgandale School** ..... #21463  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$24 Residents/\$36 Non-Residents

**Riverside** ..... #21516  
Sat., Apr 17-Jun 5, 10:00AM-11:00AM  
\$27 Residents/\$40.50 Non-Residents

**Vincent** ..... #21579  
Thu., Apr 22-Jun 10, 6:00PM- 7:00PM  
\$27 Residents/\$40.50 Non-Residents

**Ultimate Workout**

This class will incorporate cardiovascular, strength and core training in an ever changing 'stations' format. All fitness levels are welcome.

**Cooper School** ..... #21384  
Thu., Apr 22-Jun 10, 7:30PM- 8:30PM  
\$27 Residents/\$40.50 Non-Residents

**Walking Club (100 mile)**

\$10 is for a one-time membership fee. Tired of fighting the outside elements? Bring it inside and where the fight is only with determining how much you will walk.

**North Div.** ..... #21392  
Sat., Apr 24-Jun 5, 9:00AM-10:30AM  
\$10 Residents/\$15 Non-Residents

**Washington** ..... #21393  
Mon./ Tue./ Wed./ Thu., Apr 19-Jun 3,  
6:30PM- 8:30PM  
\$10 Residents/\$15 Non-Residents

**Walking Workout**

Take your medicine for life. Walking helps you lose weight by boosting metabolism, burning fat, and toning your legs. Walking may also help lower your blood pressure, improve memory and mood, and strengthen your heart. Walk one mile or more in this hour long indoor class that includes a warm up and cool down period. A good pair of walking shoes is recommended. 2 lb. weights and a stretch band are encouraged.

**Hamilton** ..... #21395  
Mon., Apr 19-May 24, 6:00PM- 7:00PM  
\$21 Residents/\$31.50 Non-Residents

**HAIR BRAIDING****Braids, Beads, and Beyond**

Learn the art of hair braiding and beyond! Show off your skills as you dress up hair with design braids, micro braids, beading, sew-in weaves, and more. Bring your own practice mannequin if possible. A supply list will be handed out the first day. Approximate cost will be \$10-\$20.

**Marshall** ..... #21501  
Sat., Apr 17-Jun 5, 10:00AM-11:00AM  
\$20.50 Residents/\$30.75 Non-Residents

**HEALTH & WELLNESS****5 Secrets to Permanent Weight Loss**

Recent research has shown that metabolism and hormones may be the key to effective, permanent weight loss. Learning the '5 secrets' can lead to improved metabolism, permanent weight loss, and improved health and vitality. Participants will learn why fat doesn't make you fat, why you must eat real butter and eggs (even if you are overweight). Class is presented by Dr. John P. Corsi, D.C. Chiropractic Company. Fee is nonrefundable.

**Milw. Sch. of Lang.** ..... #20576  
Mon., Apr 19, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

**Arthritis: Alternative Approaches**

Over 50 million Americans suffer from joint disease. This presentation educates the audience about arthritis, who is susceptible, what causes it, how to relieve it, and steps to help prevent joint disease. Presented by Dr. John P. Corsi, D.C. Chiropractic Company. Fee is non-refundable.

**Milw. Sch. of Lang.** ..... #20643  
Thu., May 6, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

**Ayurveda**

This one day workshop will be taught by Melissa Reynolds, a Certified Ayurveda Lifestyle Educator. Ayurveda, translated from the original language of Sanskrit, means 'Life Knowledge' and is the sister science of yoga. Learn how balancing elements in your world with the seasons can affect your overall well being. Information on how daily routines, food, color, aromatherapy, and body treatments can be incorporated with ease into the changing seasons to benefit your mind, body, and spirit!

**Riverside** ..... #21539  
Sat., Apr 24, 10:00AM- 1:00PM  
\$10.50 Residents/\$15.75 Non-Residents

**Riverside** ..... #21540  
Sat., May 8, 10:00AM- 1:00PM  
\$10.50 Residents/\$15.75 Non-Residents

## Balancing Hormones Naturally

Hormone Replacement Therapy has been considered the only solution to menopause and its myriad of problems. Research reveals safety issues. Learn the facts regarding H.R.T. and the safe, effective, alternative solutions available. Participants will be given answers to these problems via diet, vitamins, exercise and stress reduction. Presented by Dr. John P. Corsi, D.C., Chiropractic Company. Fee is nonrefundable.

**Milw. Sch. of Lang. .... #20673**  
Wed., Apr 28, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

## Carpal Tunnel Syndrome: Causes & Cures

This class will focus on prevention of carpal tunnel syndrome, as well as other forms of hand, wrist, elbow and shoulder problems. Learn the early warning signs, exercises to help and prevent the condition, and the do's and don'ts of prevention. Class is presented by Dr. John P. Corsi, D.C. Chiropractic Company. Fee is nonrefundable.

**Milw. Sch. of Lang. .... #20762**  
Thu., May 27, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

## Fibromyalgia

Do you have burning muscle aches and spasms? Are you tired all the time? Is taking pain relievers a vital part of getting through your day? This workshop will uncover the reasons behind the onset of this condition and provide natural non-drug solutions to a very distressing condition. Presented by Dr. John P. Corsi, D.C. Chiropractic Clinic. Fee is nonrefundable.

**Milw. Sch. of Lang. .... #20847**  
Thu., May 13, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

## Healthy Ways to a Good Digestive Tract

What are digestive disorders? Acid reflux, hiatal hernias, irritable bowel syndrome, Crohn's disease, ulcers, and diarrhea are a few of the many digestive disorders that afflict over 61 million Americans yearly. The purpose of this workshop is to educate the public about alternative therapies found helpful in preventing and reducing the discomfort associated with digestive disorders. Presented by Michalski Chiropractic Clinic. Fee is nonrefundable.

**Marshall ..... #20906**  
Mon., May 3, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

## Meditation

Learn ways to relieve stress and become more focused and aware of both your inner and outer world. You'll learn through the focused attention of meditation techniques to better deal with limiting stressful negative emotions and situations, and to cultivate a more relaxed and expansive positive mindset. The key ideas of acceptance, kindness, detachment, and forgiveness will be discussed. Relaxation techniques and different types of sitting and walking meditation will also be covered. Wear comfortable clothing, mats are not required.

**Cooper School ..... #21091**  
Thu., Apr 22-May 27, 6:30PM- 8:00PM  
\$25.50 Residents/\$38.25 Non-Residents

## T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

**Milw. Sch. of Lang. (Beg.) .... #21286**  
Wed., Apr 21-Jun 2, 6:15PM- 7:15PM  
\$24 Residents/\$36 Non-Residents

**Milw. Sch. of Lang. (Int.) .... #21287**  
Wed., Apr 21-Jun 2, 7:15PM- 8:15PM  
\$24 Residents/\$36 Non-Residents

**Morgandale School (Beg.) .... #21288**  
Thu., Apr 22-Jun 3, 5:30PM- 6:30PM  
\$24 Residents/\$36 Non-Residents

**Morgandale School ..... #21627**  
Thu., Apr 22-Jun 3, 6:45PM- 7:45PM  
\$24 Residents/\$36 Non-Residents

## Natural Solutions to Stress

Is your biological age older than your chronological age? Learn about the three dimensions of stress, how they affect your body and make you age ahead of your time. We will discuss solutions to reduce the effects of stress on your body and reverse the aging process! Class is presented by Dr. John Corsi, D.C. Chiropractic Company.

**Milw. Sch. of Lang. .... #21110**  
Mon., May 17, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

## Weight Reduction Through Hypnosis

With this six week program you will be able to make permanent changes in eating habits and patterns. Hypnosis is a safe, non-invasive way to change your dieting choices and amount of food intake, helping you reach your weight and lifestyle goals. Each week there will be a group hypnosis that will allow you to make the changes you want to make in regards to food and exercise, leading to permanent weight reduction and healthy lifestyle changes. Diets often fail as you are working on a conscious level, hypnosis works as it is on a sub-conscious level. Take control, take a new step in a new direction, and get a new you. Fee includes cost of CD which you will keep.

**Brinton ..... #21574**  
Tue., Apr 20-May 25, 7:15PM- 8:30PM  
\$31 Residents/\$41 Non-Residents

**Fratney ..... #21575**  
Thu., Apr 22-May 27, 6:30PM- 7:45PM  
\$31 Residents/\$41 Non-Residents

## HOUSE & GARDEN

### Home Inspection Seminar

Take the mystery out of home inspections. Learn tips, resources, and the basics of home inspection. Class is taught by Tom Dempsey, Shamrock Home Inspection. Fee is nonrefundable.

**Hamilton ..... #20911**  
Tue., May 4, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

**Milw. Sch. of Lang. .... #20909**  
Thu., Apr 22, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents

**Riverside ..... #20910**  
Thu., Jun 3, 6:30PM- 8:00PM  
\$7 Residents/\$10.50 Non-Residents



**Spring Gardening**

The key to a successful growing season is proper preparation. No matter what you're trying to plant this class will get you ready for it. Learn basic techniques proper seeding, fertilizing and soil preparation.

**Fratney** ..... #21257

Tue., May 4-May 11, 6:30PM- 8:30PM

\$13 Residents/\$19.50 Non-Residents

**LANGUAGE SKILLS****Advanced French**

This class is for the person who has had one or more years of French. It will review and refresh your French in conversations, reading, verb conjugations, and much more. An appropriate book will be used.

**Morgandale School** ..... #21626

Mon., Apr 19-May 24, 6:00PM- 7:30PM

\$25.50 Residents/\$38.25 Non-Residents

**Chinese-Mandarin Basics**

In the global world, China plays a major role. Join us to learn Chinese customs, history, and language. Basic reading, writing and speaking skills will be acquired. Explore this fascinating culture as taught by a veteran instructor. No book is required. An optional dictionary may be ordered from the instructor. This class is a great preparation for UW-M and MSOE Chinese classes.

**Milw. Sch. of Lang.** ..... #20770

Wed., Apr 21-Jun 2, 6:30PM- 8:30PM

\$38 Residents/\$57 Non-Residents

**German I**

Get in touch with Milwaukee's roots and learn German! Taught by a certified German teacher, this course will use immersion techniques to help you speak, read and understand German. Course topics include introducing yourself, talking about your hobbies, family and food as well as telling time and vocabulary for body parts, animals and colors. Handouts will be provided in class.

**Milw. Sch. of Lang.** ..... #20871

Thu., Apr 22-Jun 3, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**German II**

Prerequisite: German I or at least one semester of German-speaking experience. A continuation of German I.

**Milw. Sch. of Lang.** ..... #20872

Thu., Apr 22-Jun 3, 7:30PM- 8:30PM

\$20.50 Residents/\$30.75 Non-Residents

**Introduction to French**

Bonjour! This class offers an introduction to conversational French for students with prior or no prior French language knowledge. Students will learn language skills in a cultural context covering topics such as clothing, food, music, art, pastime activities, and more. Hope to see you there. A bientôt!

**Milw. Sch. of Lang.** ..... #20939

Mon., Apr 19-Jun 7, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**Morgandale School** ..... #21628

Thu., Apr 22-May 27, 6:00PM- 7:30PM

\$25.50 Residents/\$38.25 Non-Residents

**Sign Language**

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure. Plus \$13 for a text, payable to the instructor at the first class (cash only).

**Alcott** ..... #21602

Mon., Apr 19-Jun 7, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**Marshall** ..... #21212

Mon., Apr 19-Jun 7, 6:30PM- 8:00PM

\$29.50 Residents/\$44.25 Non-Residents

**Morgandale School** ..... #21213

Mon., Apr 19-Jun 7, 5:30PM- 6:30PM

\$20.50 Residents/\$30.75 Non-Residents

**Riverside** ..... #21214

Mon., Apr 19-Jun 14, 6:00PM- 7:30PM

\$33 Residents/\$49.50 Non-Residents

**Sign Language II**

Students must have completed Sign Language (MPS Rec) as a prerequisite or have the ability to sign language the basics in order to enroll in this continuation course. Sign Language II is for individuals who want to further their education in vocabulary, sentence structure, and practice conversation. This class emphasizes the learning of basic person-to-person conversational signing skills, including use and comprehension of sign language vocabulary, syntax, and finger spelling. Students will gain experience in both formulating and sending messages and understanding the signed messages of others in class.

**Morgandale School** ..... #21217

Mon., Apr 19-Jun 7, 6:30PM- 7:30PM

\$20.50 Residents/\$30.75 Non-Residents

**Riverside** ..... #21215

Mon., Apr 19-Jun 14, 7:30PM- 8:30PM

\$23 Residents/\$34.50 Non-Residents

**Spanish Conversation I**

The ability to communicate in Spanish is necessary for many professions and is key to a greater enjoyment of travel south of the border. Receive instruction on basic vocabulary, pronunciation, and essential grammar through reading, writing, and conversational practice. A \$13 book fee is payable to the instructor at the first class (cash only).

**Brinton** ..... #21234

Tue., Apr 20-Jun 8, 6:00PM- 7:30PM

\$33 Residents/\$49.50 Non-Residents

**Fratney** ..... #21235

Tue., Apr 20-May 25, 6:00PM- 7:00PM

\$18 Residents/\$27 Non-Residents

**Hamilton** ..... #21632

Mon., Apr 19-Jun 7, 6:00PM- 7:00PM

\$20.50 Residents/\$30.75 Non-Residents

**Marshall** ..... #21232

Mon., Apr 19-Jun 7, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**Milw. Sch. of Lang.** ..... #21233

Wed., Apr 21-Jun 2, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**Morgandale School** ..... #21238

Mon., Apr 19-May 24, 5:00PM- 6:30PM

\$25.50 Residents/\$38.25 Non-Residents

**Riverside** ..... #21236

Mon., Apr 19-Jun 7, 6:00PM- 7:30PM

\$29.50 Residents/\$44.25 Non-Residents

**Spanish Conversation II**

Prerequisite: Spanish for beginners or at least one semester of Spanish-speaking experience. A continuation of Spanish Conversation I. A \$13 book fee is payable to the instructor at the first class (cash only).

**Brinton** ..... #21246

Tue., Apr 20-Jun 8, 7:30PM- 9:00PM

\$33 Residents/\$49.50 Non-Residents

**Fratney** ..... #21240

Thu., Apr 22-May 27, 6:15PM- 7:15PM

\$18 Residents/\$27 Non-Residents

**Hamilton** ..... #21245

Mon., Apr 19-Jun 7, 7:00PM- 8:00PM

\$20.50 Residents/\$30.75 Non-Residents

**Milw. Sch. of Lang.** ..... #21239

Wed., Apr 21-Jun 2, 7:30PM- 9:00PM

\$29.50 Residents/\$44.25 Non-Residents

**Morgandale School** ..... #21244

Mon., Apr 19-May 24, 6:30PM- 8:00PM

\$25.50 Residents/\$38.25 Non-Residents

**Riverside** ..... #21241

Mon., Apr 19-Jun 7, 7:30PM- 9:00PM

\$29.50 Residents/\$44.25 Non-Residents

## Spanish Conversation III

Prerequisite: Spanish Conversation II. A \$13 book fee is payable to the instructor at the first class (cash only).

**Riverside ..... #21247**  
Thu., Apr 29-Jun 3, 6:00PM- 7:30PM  
\$25.50 Residents/\$38.25 Non-Residents

## MARTIAL ARTS

### Judo/Jujitsu

Learn the basics of throws, grappling and elbow locks during an introduction to this modern Japanese Martial Art. Students will also learn the relationship between Judo and Jujitsu and how they both originated.

**Riverside (Beg.) ..... #21683**  
Mon., Apr 19-Jun 7, 6:00PM- 7:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Riverside (Adv.) ..... #21684**  
Mon., Apr 19-Jun 7, 6:00PM- 7:00PM  
\$20.50 Residents/\$30.75 Non-Residents

### Self-Defense

Be confident protecting yourself when the need arises. Learn to defend yourself in real life situations by developing basic techniques, punches and kicks. Build core strength and eye/hand coordination. Finish each class with a workout.

**Washington ..... #21202**  
Thu., Apr 29-Jun 3, 7:45PM- 8:45PM  
\$21 Residents/\$31.50 Non-Residents

### Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. A useful way for you to learn the art of self-discipline, mental preparation, concentration, and self-control. Various kicking and punching techniques, correct body positioning and self-defense will be covered. A great opportunity to increase your flexibility, general conditioning and self-defense techniques.

**Cooper School ..... #21293**  
Tue./ Thu., Apr 20-Jun 10, 5:30PM- 6:15PM  
\$33 Residents/\$49.50 Non-Residents

**Riverside (Ages 15-99, Beg., Black Belt) ..... #21291**  
Mon./ Wed., Apr 19-Jun 2, 7:30PM- 8:30PM  
\$35.50 Residents/\$53.25 Non-Residents

**Riverside (Beg., Black Belt) .. #21292**  
Sat., Apr 17-Jun 5, 11:45AM-12:45PM  
\$20.50 Residents/\$30.75 Non-Residents

## MUSIC

### Beginning Bass Guitar

Learn the basics, theory, riffs and chord progressions. Bring your own guitar. Class is combined with youth class. Class is taught by Dennis Dykstra.

**Brinton ..... #20696**  
Sat., Apr 17-Jun 5, 3:45PM- 4:45PM  
\$20.50 Residents/\$30.75 Non-Residents

### Beginning Drums

Get the basics you need to be a drummer. Learn rhythm, accents, drum rolls and style. Bring a pair of drumsticks and practice drum pads (available at most music stores). Class is combined with youth class. Class is taught by Dennis Dykstra.

**Bay View ..... #20698**  
Sat., Apr 17-Jun 5, 9:00AM-10:00AM  
\$20.50 Residents/\$30.75 Non-Residents

### Guitar Classes

Bring your own guitar and strum your way to fun. Learn basic chords, notes, and a few tunes. Classes are combined with youth guitar classes. Class is taught by Dennis Dykstra.

**Brinton (Beg.) ..... #20892**  
Sat., Apr 17-Jun 5, 2:00PM- 3:30PM  
\$29.50 Residents/\$44.25 Non-Residents

**Hamilton (Beg.) ..... #20890**  
Thu., Apr 22-Jun 10, 6:00PM- 7:30PM  
\$33 Residents/\$49.50 Non-Residents

**Hamilton (Int.) ..... #20891**  
Thu., Apr 22-Jun 10, 7:45PM- 8:45PM  
\$23 Residents/\$34.50 Non-Residents

**Riverside (Beg./Int.) ..... #20893**  
Mon., Apr 19-Jun 7, 6:30PM- 7:30PM  
\$18 Residents/\$27 Non-Residents

### Intermediate Piano

This class is a continuation from the piano basics. Instructed by experienced musician Dennis Dykstra, this class will teach theory, music harmony, advanced chords, and rhythms. Class is combined with youth class.

**Bay View ..... #20934**  
Tue., Apr 13-Jun 1, 7:15PM- 8:45PM  
\$33 Residents/\$49.50 Non-Residents

### Introduction to Piano

No matter what you do in life, it's always important to start with the basics. Instructed by experienced musician Dennis Dykstra, this class will give beginning piano enthusiasts an introduction to the keyboard, keys, scales, chords, melodies, and note reading. Class is combined with youth class.

**Bay View ..... #20949**  
Tue., Apr 13-Jun 1, 5:30PM- 7:00PM  
\$33 Residents/\$49.50 Non-Residents

### Milwaukee Municipal Orchestra

A wonderful opportunity for musicians to use their musical talents. The orchestra performs several concerts throughout the year and has a repertoire of contemporary and classical music. No audition necessary.

**Hamilton ..... #21660**  
Wed., May 12-Aug 18, 7:00PM- 9:00PM  
\$28 Residents/\$28 Non-Residents

### Music Theory

This is the class many have been asking for. Taught by Dennis Dykstra, this class will explore basic music theory, including ear training and song writing. Don't bring an instrument to the first class. Class is combined with youth class.

**Hamilton ..... #21619**  
Wed., Apr 21-Jun 9, 6:00PM- 7:30PM  
\$33 Residents/\$49.50 Non-Residents

### Piano - Semi Private

This is a beginning piano course for adults which will present all the concepts and fundamentals needed to perform. Students will learn to read notes, and recognize the sounds of chords and chord progressions. Suggestions for effective practicing will be discussed. Please sign up early - maximum enrollment of 5.

**Marshall ..... #21126**  
Thu., Apr 22-Jun 3, 7:45PM- 9:15PM  
\$56 Residents/\$84 Non-Residents

**Rock Band 102**

You asked for it, and now you've got it! This is the performance level of Rock Band 101. More advanced songs, more technical stuff, more everything. All types of musicians welcome; bring your musical instrument. Prerequisites: Rock Band 101 or previous band experience. Class is combined with youth class.

**Bay View ..... #21176**  
Sat., Apr 17-Jun 5, 10:15AM-12:15PM  
\$38 Residents/\$57 Non-Residents

**Your Basic Vocal Class**

Work on your basic vocal techniques. Learn proper breathing, voice inflection, range and ear training. Combined with youth class.

**Hamilton ..... #21617**  
Wed., Apr 21-Jun 9, 7:45PM- 8:45PM  
\$23 Residents/\$34.50 Non-Residents

**ONLINE CLASSES****How to Start a Home-based Business**

We'll teach you step-by-step ways to start your own business. In this web-based class, you will learn and hold live interactive discussions with the instructor and other students. Topics include: market research, incorporating under \$50, licenses, filings, naming, setting prices, promoting the business, finding the money, banking, credit cards, IRS, home office deductions, and franchises. Find small business resources; learn the duties of an independent contractor. Requirement: intermediate PC skills. Once you are registered, you will be sent a password and a website address to begin. Must provide a valid, legible e-mail address.

**Your Computer ..... #20917**  
Tue./ Wed./ Thu./ Fri., May 11-Jun 25,  
Various Times  
\$60 Residents/\$60 Non-Residents

**Letting Go of Detrimental Thinking**

The human mind is capable of astounding accomplishments, when at peace and uncluttered. Unfortunately, a very small percentage of us reach that potential, primarily because the mind is engaged in trivial, demoralizing, geocentric thinking. Concentration and well being can't be attained when the mind is preoccupied with living either in the future, or in the past. Fear, guilt, worry, and revenge are born from a distorted perception of reality and result in needless suffering. This class provides tools and insight into how to control and focus your thoughts to identify when you are engaged in non-productive thoughts and how to achieve a calm, self-confident state. Read lessons, participate in exercises, hold discussions with fellow students, plus receive personal coaching from the instructor. Runs for 6 weeks and is self-paced. Complete the lessons on your timetable. For more information visit [www.gsinet.org](http://www.gsinet.org). Be sure to include your e-mail with registration.

**Your Computer ..... #20988**  
Fri., Apr 23-May 28, Various Times  
\$60 Residents/\$60 Non-Residents

**Telecommuting - Working From Home**

Tired of dropping your kids at daycare and fighting bumper-to-bumper traffic-only to suffer through another day in a stress-filled environment? What would happen if you learned the strategies of the 16 million telecommuters who work from home each day? Topics include: Kinds of telecommuting jobs most in demand - What pay/benefits to expect - How to identify telecommuting friendly companies - Skills you will need - Marketing yourself - How to become an insider - Spotting the scams. No instant jobs here, just solid self-promotion techniques. Read lessons, participate in exercises, and hold live interactive discussions with instructor Gary Fugere and fellow students in your on-line classroom. Runs for 6 weeks and is self-paced. Complete the lessons on your own timetable. Course requirements include intermediate PC skills. For more information visit [www.gsinet.org](http://www.gsinet.org). Don't forget to include your email with registration.

**Your Computer ..... #21324**  
Sat., Apr 17-May 29, Various Times  
\$43.95 Residents/\$43.95 Non-Residents

**The Secret to Dealing with Overload**

Is your brain consumed with your 'to do' list before your feet hit the floor in the morning? Has your frenzied pace forced you to accept multitasking out of necessity? Feeling guilty about the piles you're not getting to? Our frantic culture leaves us feeling exhausted, stressed and sometimes overwhelmed. However, you can live both an effective and gratifying life by learning how to clear away your mental clutter. This class provides powerful tools to help you find inner balance and emotional freedom, while moving ahead with certainty about what needs to be done next. Read lessons, participate in exercises, hold discussions with fellow students, plus receive personal coaching from the instructor. Runs for 6 weeks and is self-paced. Complete the lessons on your timetable. For more information visit [www.gsinet.org](http://www.gsinet.org). Be sure to include your email with registration.

**Your Computer ..... #21338**  
Sat., Apr 17-May 29, Various Times  
\$67.95 Residents/\$67.95

**What Everyone Should Know About the Law of Attraction**

You're already experiencing the Law of Attraction, with jobs, money, relationships and happiness in your life. Are you satisfied with the results? Chronic thoughts you hold in your mind tend to become your experiences. What you think becomes your beliefs, which become your perceptions of life, which then become your experience. This mind-and-heart-opening class takes off where the 'Secret' left off. It will gently lead you through the steps of directing your thoughts to bring energy, joy and prosperity into your life. Read lessons, participate in exercises, hold discussions with fellow students, plus receive personal coaching from the instructor. Runs for 6 weeks and is self-paced. Complete the lessons on your timetable. For more information visit [www.gsinet.org](http://www.gsinet.org). Be sure to include your e-mail with registration.

**Your Computer ..... #21419**  
Fri., Apr 23-May 28, Various Times  
\$60 Residents/\$60 Non-Residents

**PERSONAL SECURITY**

**Identity Theft**

Do you have an extra 5,840 hours? According to Federal Trade Commission's database, 5,840 hours is the average amount of time it takes to clear up your ID when you have been a victim of Identity Theft. This one hour seminar will discuss how to divert, detect, and defend you and your family in the event you become a victim of ID Theft.

**Alcott** ..... #21601  
 Mon., May 24, 6:30PM- 7:30PM  
 \$7 Residents/\$10.50 Non-Residents

**PERSONAL SKILLS**

**Energy Meditation**

Whether it is your first time or you are an expert in meditation, you can achieve a new meditation experience. For beginners and those who have difficulty meditating, energy can help to calm the mind, allowing you to slip into a state of meditation. For those who meditate easily or regularly this can bring a whole new level of experience to your meditation. Comfortable clothes and an open mind are all you need for this class. If you wish, you may bring a mat to sit on.

**Hamilton** ..... #21577  
 Mon., May 10-May 24, 7:00PM- 8:00PM  
 \$10.50 Residents/\$15.75 Non-Residents

**Fulfill Your Destiny**

The Law of Attraction is in effect all of the time. In this class you will learn and practice how to attract into your life more of what you want and less of what you don't. The principles can be applied to finances/income, career, relationships, love or... It truly is possible to create your life. Ready to start? Bring a notebook, pen and an open belief system.

**Hamilton** ..... #21576  
 Mon., Apr 19-May 3, 7:00PM- 8:00PM  
 \$10.50 Residents/\$15.75

**Get Your Book Published**

Milwaukee author Tom Kertscher will talk about how he got his first two books published and how he came up with the idea for what he hopes will be his third book (which, unlike the first two, is not about sports). He will answer questions about developing a book idea and seeking out a publisher. A news reporter for the Journal Sentinel, Kertscher is the author of Cracked Sidewalks and French Pastry: The Wit and Wisdom of Al McGuire (University of Wisconsin Press, 2002) and Brett Favre: A Packer Fan's Tribute (Cumberland House Publishing, 2006, with new editions in '07 and '08). Class is non-refundable.

**Marshall** ..... #20875  
 Mon., May 17, 7:00PM- 8:30PM  
 \$7 Residents/\$10.50 Non-Residents

**Interior Design for Bedrooms**

Are you looking to add a little artistic and organizational creativity to a bedroom in your home? Join this class to learn the basics of color theory, interior paint selections, painting techniques and more. Bring your ideas, an open mind and a sketch book. You will be surprised at how fantastic your room looks after some minor changes!

**Hamilton** ..... #21661  
 Sat., Apr 24-May 22, 11:00AM-12:00PM  
 \$15.50 Residents/\$23.25 Non-Residents

**Intro to Drafting and Interior Design Process**

This class will provide a full/high impact interior design introduction. Learn the basic tools of hand drafting and produce a completed design project, including color/furniture selection, and floor plans for presentation. In this class students will be able to apply their experience and learned material to their personal every day design projects. Come to this class to get the skills you need to design that room that needs reinventing, a fresh new look, or just a little touch of color. A short supply list (\$10) will be handed out on the first week for students to purchase.

**Riverside** ..... #20936  
 Wed., May 12-Jun 16, 6:00PM- 8:00PM  
 \$33 Residents/\$49.50 Non-Residents

**Introduction to Digital Photography**

Are you ready to make the leap to digital photography? Do you have a new digital camera but are not quite sure how to get the best use of it? This introductory course is the perfect way to get started in the world of digital photography. We'll cover the basic concepts of photography and the operation of digital cameras, how to take great digital photos, how to organize your digital photos on your computer and how to get your photos developed. We'll also look at some basic graphic editing techniques to help you eliminate red-eye and crop your photos. Students must bring a digital camera to class with computer connector outlet.

**Cooper School** ..... #21611  
 Tue., Apr 20-May 11, 6:30PM- 8:30PM  
 \$25 Residents/\$37.50 Non-Residents

**Marshall** ..... #20937  
 Mon., Apr 19-Jun 7, 6:00PM- 8:00PM  
 \$36 Residents/\$54 Non-Residents

**Non-fictional Article Writing**

Do you want to write for money or fun? This non-fictional writing class will include formatting an article, editor selection, composing an effective query letter and developing networking contacts. No writing experience is necessary. Write on! Instructor: Ruth Wucherer

**Morgandale School** ..... #21111  
 Mon., Apr 19-May 17, 6:00PM- 8:00PM  
 \$28 Residents/\$42 Non-Residents

**SCIENCE**

**Backyard Astronomy**

When you look up at night, what are you actually looking at? How do these small points of light affect you? Come along and discover your closest neighbors through simple observations and learn how you can help scientists with the terabytes of data regularly collected by their instruments. Class is combined with a youth class.

**Hamilton** ..... #21631  
 Sat., Jun 5, 11:00AM-12:00PM  
 \$4 Residents/\$8 Non-Residents

**The Amazing Life of Stars**

They twinkle, flare, eject, explode, implode, create, destroy, and even rip holes in space/time. Some live fast and die young and others live almost forever. They harbor planets and, in our case, life. But wait, there's more... Class is combined with youth class.

**Hamilton ..... #21630**  
Sat., Apr 17, 11:00AM-12:00PM  
\$4 Residents/\$8 Non-Residents

## SPORTS & RECREATION

**30+ Basketball**

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night (20 person limit). Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

**Brinton (Ages 30 & up)..... #20573**  
Mon., Apr 5-Jun 7, 6:00PM- 9:30PM  
\$37 Residents/\$55.50 Non-Residents

**Accey-Deucey Club**

Learn to play Accey-Deucey (another form of Backgammon). The object of the game is to be the first player to move your checkers around the board to your own home table and then bear them off. The American version of Accey-Deucey has been a favorite game of the U.S. Navy, Marine Corps, and Merchant Marine since World War I. Tournament Play will be the last week of the spring season.

**Washington ..... #20589**  
Thu., Apr 22-May 27, 6:30PM- 8:30PM  
\$10 Residents/\$20 Non-Residents

**Archery Beginner**

Learn the fundamentals of archery including bow and arrow history, safety techniques, shooting mechanics, and more. Class will be conducted outdoors, weather permitting. Bring your own bow and arrow equipment if possible. Recurve and compound bows only.

**Brinton ..... #20637**  
Sat., Apr 24-May 15, 12:30PM- 2:00PM  
\$18 Residents/\$27 Non-Residents

**Bean Bag League**

**NEW** If you've ever tailgated or attended a backyard barbecue, you're familiar with this game. 3 points for a bag in the hole and 1 point for a bag on the board. Points do not cancel so games will go fast. Call Joel with any questions: 475-8538.

**Brinton ..... #21622**  
Thu., Apr 22-Jun 17, 5:00PM- 6:00PM  
\$14.50 Residents/\$21.75 Non-Residents

**Co-Rec Dodgeball League-Teams**

What better way to alleviate stress after a long day of work than to peg an unsuspecting somebody with a ball? Don't let your guard down though because here comes three balls back at you. Come to Beulah Brinton for our first ever Co-Rec Dodgeball League. Teams consist of 6-10 players, starting at least as many females as males. National Amateur Dodgeball Association (NADA) rules and regulations apply, and will be provided the day of the first game. Each team will be provided schedules the first week of play. A staff member will referee each game. ON-LINE REGISTRATION IS NOT AVAILABLE FOR TEAMS. TEAMS MUST REGISTER AT BEULAH BRINTON COMMUNITY CENTER.

**Brinton ..... #20774**  
Wed., Apr 21-Jun 16, 6:00PM- 9:00PM  
\$14.50 Residents/\$21.75 Non-Residents

**Co-Rec Volleyball**

This open volleyball play will give you the chance to practice your skills in a friendly, non-competitive environment. Bring yourself and a friend for a fun night of volleyball. Everyone plays. Wear sports clothing.

**Milw. Sch. of Lang. .... #20775**  
Wed., Apr 21-Jun 2, 7:30PM- 9:00PM  
\$29.50 Residents/\$44.25 Non-Residents

**Tennis Lessons**

Prepare for the next match. These lessons will teach you the proper forehand, backhand and ground strokes needed to move the ball when it arrives on your side of the court. Learn the proper serving techniques to make ace serves. Bring your own racquet; wear sports clothing. Classes will be held outdoors when weather permits.

**Brinton ..... #21334**  
Sat., Apr 17-Jun 5, 2:00PM- 3:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Marshall (Int./Adv.)..... #21332**  
Tue., Apr 20-Jun 1, 6:30PM- 7:45PM  
\$25.50 Residents/\$38.25 Non-Residents

**North Div. .... #21335**  
Wed., Apr 28-Jun 2, 6:00PM- 7:30PM  
\$25.50 Residents/\$38.25 Non-Residents

**Want to Learn Golf?**

Don't know the difference between a wood and an iron, a green and fairway? Is an eagle just a large birdie? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing to get you started on a fast growing sport. Bring a 7 iron and a putter to class. Bringing clubs: not mandatory, but recommended.

**Marshall ..... #21398**  
Thu., Apr 22-Jun 3, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Marshall ..... #21399**  
Sat., Apr 17-Jun 5, 2:00PM- 3:00PM  
\$20.50 Residents/\$30.75 Non-Residents

**Milw. Sch. of Lang. .... #21397**  
Mon., Apr 19-Jun 7, 7:00PM- 8:00PM  
\$20.50 Residents/\$30.75 Non-Residents



**WEAVING & FIBER ARTS**



**Weaving & Fiber Arts at the Alice Bertschy Kadish Memorial Weaving Center – Offering classes in weaving and related arts.**

**The Weaving Center is located on the lower level of Gaenslen School, 1250 E. Burleigh St. in Milwaukee.**

**Visit us on the web at [www.abkweavingcenter.org](http://www.abkweavingcenter.org) for more information and to check for materials fees and supply information.**

**Book Arts Workshop**

Learn the fine art of making books. Each session will focus on a different aspect of book arts from cover to cover. Classes include: Covers, End Papers, Creating Content and Page Layout, Pop-ups, Historical Embellishments, Binding Accordion-style Books, Binding Simple Pamphlets, Binding Multi-Signature Hard Cover Books. Fee does not include materials. Materials fee payable to instructor at first class (cash only). Materials fee is approximately \$5 a week. Beginners welcome.

**Gaenslen ..... #20729**  
Tue., Apr 13-May 11, 6:00PM- 8:30PM  
\$30 Residents/\$30 Non-Residents/  
\$25 for ages 55 & up

**Continuing Weaving Int./Adv.**

Experienced weavers welcome. Should have knowledge of warping a loom and planning a project. Individual instruction provided when necessary. Instructor: Susan Leopold.

**Gaenslen ..... #20794**  
Mon., Apr 12-Jun 7, 10:00AM-12:00PM  
\$54 Residents/\$54 Non-Residents/  
\$43 for ages 55 & up

**Jewelry Design Workshop**

Create your own jewelry. Learn the basic techniques of working with sheet metal, beads, stones and wire using simple tools and tricks to create spectacular wearables. Supplies and tools to be provided by the student. A supply list will be posted at [www.abkweavingcenter.org](http://www.abkweavingcenter.org) before the class begins. Instructor: Sharon Giesfeldt Van Ruiswyk

**Gaenslen ..... #21586**  
Tue., May 18-Jun 8, 6:00PM- 8:30PM  
\$30 Residents/\$30 Non-Residents/  
\$25 for ages 55 & up

**Botanical Print Tote Bags**

**NEW** Design a unique tote using fresh flowers and leaves to create one-of-a-kind bags. Fun & easy! Materials fee extra (cash only). Instructor: Susan Leopold

**Gaenslen ..... #21591**  
Tue., Apr 20, 6:00PM- 8:00PM  
\$20 Residents/\$20 Non-Residents/

**Cotton Cuties**

**NEW** Dye your own unique clothes and accessories! Hats, T-shirts, socks etc. Bring a white 100% cotton top to dye. Bring an old towel, rubber gloves and plastic bags. Materials fee extra (cash only). Instructor: Susan Leopold

**Gaenslen ..... #21592**  
Tue., May 18, 5:30PM- 8:30PM  
\$20 Residents/\$20 Non-Residents

**Pattern Drafting for Beginners**

**NEW** Learn to use weaving shorthand and drafts for your next weaving project. Class will include using computer programs for drafting a weaving pattern. Instructor: Judy Larsen

**Gaenslen ..... #21597**  
Wed., May 5-May 12, 2:00PM- 4:30PM  
\$30 Residents/\$30 Non-Residents/  
\$25 for ages 55 & up

**Open Studio for Experienced Weavers - Int./Adv.**

No instructor. Enjoy the camaraderie of studio weaving. For those who wish to weave away from home. Fees are for use of our studio space and equipment. Someone will be on hand the first week to help familiarize you with the Weaving Center.

**Gaenslen ..... #21117**  
Thu., Apr 22-Jun 10, 9:00AM-11:30AM  
\$49 Residents/\$49 Non-Residents

**Weaving Basics and Beyond**

Beginners will learn to warp the loom and weave a sampler of patterns. Weavers beyond beginning level continue the learning process with a project of choice. Fee does not include materials. Materials and sampler fee are payable to the instructor at the first class (cash only).

**Gaenslen ..... #21412**  
Tue., Apr 20-Jun 8, 6:00PM- 8:30PM  
\$54.50 Residents/\$54.50 Non-Residents/  
\$43 for ages 55 & up

**Gaenslen ..... #21413**  
Thu., Apr 22-Jun 10, 6:00PM- 8:30PM  
\$54.50 Residents/\$54.50 Non-Residents/  
\$43 for ages 55 & up

**Gaenslen ..... #21414**  
Wed., Apr 21-May 19, 9:00AM- 1:00PM  
\$54.50 Residents/\$54.50 Non-Residents/  
\$43 for ages 55 & up

**Gaenslen ..... #21584**  
Sat., Apr 17-Jun 5, 9:00AM-11:30AM  
\$54.50 Residents/\$54.50 Non-Residents/  
\$43 for ages 55 & up

**Wisconsin Handweavers' Meetings:**

The public is welcome. Anyone interested in weaving and related arts is welcome to join us for monthly membership meetings and programs which are held on the second Saturday of the month from September to December and from February to May at Gaenslen School, 1250 E. Burleigh St., Milwaukee, WI. Meetings are held from 10:00 a.m. to noon.

For online information go to [www.wihandweavers.org](http://www.wihandweavers.org).

